

## 10 x 650 m Adventsstaffel am 12.12.2015

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Robin Helling	01	2:01	2:14	2:15	2:15	2:05	10:50	<b>22:20</b>
	Matthias Körn	76	2:10	2:17	2:21	2:20	2:22	11:30	
2.	Sebastian Schmicker	88	2:13	2:10	2:10	2:09	2:02	10:44	<b>23:48</b>
	Horst Schröder	56	2:29	2:41	2:41	2:40	2:33	13:04	
3.	Timo Bruns	03	2:12	2:16	2:18	2:20	2:15	11:21	<b>23:51</b>
	Tobias Bruns	05	2:28	2:26	2:36	2:37	2:23	12:30	
4.	Nicolas Luhr	96	2:11	2:12	2:19	2:21	2:08	11:11	<b>24:04</b>
	Tom Tornow	98	2:16	2:27	2:36	2:47	2:47	12:53	
5.	Keno Maywald	07	2:37	2:37	2:39	2:47	2:43	13:23	<b>25:12</b>
	Stephan Maywald	70	2:18	2:21	2:24	2:23	2:23	11:49	
6.	Manuela Schulz	70	2:23	2:23	2:24	2:27	2:27	12:04	<b>25:13</b>
	Tanja Schröder	70	2:38	2:40	2:38	2:38	2:35	13:09	
7.	Pascal Pflüger	97	2:45	2:30	2:30	2:30	2:21	12:36	<b>26:02</b>
	Michael Klemm	68	2:38	2:50	2:42	2:39	2:37	13:26	
8.	Thomas Schöndube-Schäfer	68	2:35	2:35	2:42	2:44	2:48	13:24	<b>26:11</b>
	Horst Becker	66	2:30	2:32	2:37	2:35	2:33	12:47	
9.	Mario Falk	75	2:40	2:57	3:04	3:07	3:11	14:59	<b>27:03</b>
	Anja Schmidt	93	2:17	2:21	2:27	2:25	2:34	12:04	
10.	Ulla Paga	52	2:47	2:55	2:55	2:54	2:48	14:19	<b>28:06</b>
	Jürgen Armonies	54	2:46	2:49	2:46	2:44	2:42	13:47	
11.	Mario Kretschmer	75	2:44	2:44	2:45	2:50	2:44	13:47	<b>28:10</b>
	Sven Renken	75	2:40	2:54	2:55	3:00	2:54	14:23	
12.	Lena Baller	95	3:04	3:00	2:59	3:01	3:04	15:08	<b>29:57</b>
	Melanie Otte	72	2:58	2:57	2:58	2:57	2:59	14:49	
13.	Silja Reiser	03	2:51	2:54	2:50	2:57	2:40	14:12	<b>30:08</b>
	Lara-Sophie Maywald	04	3:03	3:17	3:04	3:22	3:10	15:56	
14.	Andreas Fieger	64	2:32	2:30	2:32	2:37	2:37	12:48	<b>30:43</b>
	Astrid Ahrendt	57	3:23	3:39	3:35	3:37	3:41	17:55	
15.	Detlef Kasig	63	3:17	3:27	3:33	3:36	3:36	17:29	<b>31:28</b>
	Thomas Ahrens	71	2:35	2:47	2:52	2:53	2:52	13:59	
16.	Sandra Junge	72	3:13	3:13	3:26	3:30	3:33	16:55	<b>31:52</b>
	Moritz Junge	03	2:45	2:55	3:01	3:07	3:09	14:57	

### 3er-Teams

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	Gesamtzeit	Teamzeit
1.	Rhea Junge	07	3:22	3:25	3:43	3:22	13:52	<b>33:16</b>
	Friederike Runde	08	3:14	3:33	3:35		10:22	
	Siiri Reiser	06	2:58	3:06	2:58		9:02	

## Einzelwertung

1.	Sebastian Schmicker	10:44	Min.
2.	Robin Helling	10:50	"
3.	Nicolas Luhr	11:11	"
4.	Timo Bruns	11:21	"
5.	Matthias Körn	11:30	"
6.	Keno Maywald	11:49	"
7.	Manuela Schulz	12:04	"
	Anja Schmidt	12:04	"
9.	Tobias Bruns	12:30	"
10.	Pascal Pflüger	12:36	"
11.	Horst Becker	12:47	"
12.	Andreas Fieger	12:48	"
13.	Tom Tornow	12:53	"
14.	Horst Schröder	13:04	"
15.	Tanja Schröder	13:09	"
16.	Keno Maywald	13:23	"
17.	Thomas Schöndube-Schäfer	13:24	"
18.	Michael Klemm	13:26	"
19.	Jürgen Armonies	13:47	"
	Mario Ketschmer	13:47	"
21.	Thomas Ahrens	13:59	"
22.	Silja Reiser	14:12	"
23.	Ulla Paga	14:19	"
24.	Sven Renken	14:23	"
25.	Melanie Otte	14:49	"
26.	Moritz Junge	14:57	"
27.	Mario Falk	14:59	"
28.	Lena Baller	15:08	"
29.	Lara-Sophie Maywald	15:56	"
30.	Sandra Junge	16:55	"
31.	Detlef Kasig	17:29	"
32.	Astrid Ahrendt	17:55	"