

## 10 x 650 m Adventsstaffel am 10.12.2005

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Jürgen Reents	71	2:05	2:07	2:10	2:08	2:09	10:39	
	Matthias Pirschel	78	1:52	2:01	2:02	2:06	2:00	10:01	<b>20:40</b>
2.	Jens Seddig	65	02:07	02:11	02:15	02:15	02:10	10:58	
	Daniel Schwietert	77	01:59	02:04	02:02	02:04	02:02	10:11	<b>21:09</b>
3.	Alfred Knoblauch	61	02:15	02:13	02:14	02:16	02:16	11:14	
	Ralf Zabel	69	01:55	02:00	02:02	02:06	02:01	10:04	<b>21:18</b>
4.	Rudolf Kolbusch	56	02:09	02:16	02:19	02:17	02:18	11:19	
	Klaus Mück	68	02:07	02:13	02:14	02:18	02:20	11:12	<b>22:31</b>
5.	Joachim Sprie-Hans	60	02:08	02:18	02:26	02:28	02:30	11:50	
	Jan-Hendrik Hans	87	01:59	02:10	02:15	02:21	02:27	11:12	<b>23:02</b>
6.	Ann-Katrin Arlinghaus	89	02:17	02:30	02:38	02:38	02:33	12:36	
	Manuela Schulz	70	02:12	02:14	02:15	02:16	02:14	11:11	<b>23:47</b>
7.	Jürgen Koch	63	02:22	02:23	02:29	02:33	02:31	12:18	
	Detlef Otten	62	02:14	02:16	02:30	02:28	02:23	11:51	<b>24:09</b>
8.	Katja Leschik	89	02:28	02:41	02:47	02:50	02:40	13:26	
	Timo Keil	86	02:06	02:13	02:13	02:11	02:09	10:52	<b>24:18</b>
9.	Michael Klemm	68	02:23	02:30	02:36	02:35	02:27	12:31	
	Klaus Kieselhorst	59	02:11	02:27	02:31	02:32	02:28	12:09	<b>24:40</b>
10.	Joel Hörig	96	02:26	02:41	02:35	02:38	02:34	12:54	
	Benjamin Horn	94	02:22	02:31	02:31	02:34	02:29	12:27	<b>25:21</b>
11.	Chris-Manuel Horn	96	02:30	02:39	02:38	02:41	02:35	13:03	
	Malte Thumann	92	02:24	02:28	02:32	02:33	02:32	12:29	<b>25:32</b>
12.	Silvia Hörig	62	02:27	02:52	02:43	02:45	02:42	13:29	
	Jeannette Horn	70	02:25	02:31	02:32	02:29	02:28	12:25	<b>25:54</b>
13.	Sören Otten	94	02:28	02:37	02:34	02:35	02:38	12:52	
	Julien Hörig	94	02:37	02:39	02:42	02:34	02:40	13:12	<b>26:04</b>
14.	Celina Poppe	93	02:56	03:09	03:17	03:10	03:31	16:03	
	Anna Carina Franzmeier	93	02:39	02:57	03:10	03:03	02:58	14:47	<b>30:50</b>
15.	Nicole Oelrichs	93	02:56	03:03	03:14	03:09	03:30	15:52	
	Christine Oelrichs	90	02:45	03:00	03:10	03:05	03:01	15:01	<b>30:53</b>

### 3er-Teams

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	4. Runde	Gesamtzeit	Teamzeit
1.	Bela Hörig	90	02:10	02:07	02:16	02:06	08:39	
	André René Richter	87	01:59	02:17	02:39		06:55	
	Christian Kellerer	69	02:02	02:14	02:17		06:33	<b>22:07</b>
2.	Kevin Costa	95	02:50	02:48	02:50	02:55	11:23	
	Morten Otten	97	02:39	02:49	02:39		08:07	
	Samantha Horn	97	02:52	02:50	02:50		08:32	<b>28:02</b>

## Einzelwertung

1. Matthias Pirschel	10:01	Min.	16. Jeannette Horn	12:25	Min.
2. Ralf Zabel	10:04	"	17. Benjamin Horn	12:27	"
3. Daniel Schwietert	10:11	"	18. Malte Thumann	12:29	"
4. Jürgen Reents	10:39	"	19. Michael Klemm	12:31	"
5. Timo Keil	10:52	"	20. Ann-Katrin Arlinghaus	12:36	"
6. Jens Seddig	10:58	"	21. Sören Otten	12:52	"
7. Manuela Schulz	11:11	"	22. Joel Hörig	12:54	"
8. Klaus Mück	11:12	"	23. Chris-Manuel Horn	13:03	"
Jan-Hendrik Hans	11:12	"	24. Julien Hörig	13:12	"
10. Alfred Knoblauch	11:14	"	25. Katja Leschik	13:26	"
11. Rudolf Kolbusch	11:19	"	26. Silvia Hörig	13:29	"
12. Joachim Sprie-Hans	11:50	"	27. Anna Carina Franzmeier	14:47	"
13. Detlef Otten	11:51	"	28. Christine Oelrichs	15:01	"
14. Klaus Kieselhorst	12:09	"	29. Nicole Oelrichs	15:52	"
15. Jürgen Koch	12:18	"	30. Celina Poppe	16:03	"

## Einzelwertung

### 3 Runden:

1. Christian Kellerer	6:33	Min.
2. André René Richter	6:55	"
3. Morten Otten	8:07	"
4. Samantha Horn	8:32	"

### 4 Runden:

1. Bela Hörig	8:39	Min.
Kevin Costa	11:23	"

## Ewige Bestenliste:

Männer-Team:	Georg Diettrich / Malte Abraham	18:47	Min.	1998
Frauen-Team:	Victoria Willcox-Heidner / Christiane Spallek	21:51	"	2001
Mixed-Team:	Victoria Willcox / Jürgen Reents	20:16	"	1998
Männer-Einzel:	Lars Hunsche	8:57	Min.	1988
Frauen-Einzel:	Victoria Willcox	10:24	"	1994
650 m-Runde Mä:	Niklas Kuhnert	1:34	Min.	1998
650 m-Runde Fr:	Victoria Willcox	2:02	"	1994